

Weightlifting

International Diversity Friendship Competition

Australia / New Zealand / Japan (Japan/KEIO)
Team competition and Individual Competition(JOR/MNG)
Commemoration of 75th Anniversary of KEIO Weightlifting Club

Sunday, 14th January 2024

8:00am	1 st	AUS/KEIO Men's Weigh IN - KWC
9:30am-9:50am		Opening Ceremony - MPR
9:40am	2 nd	NZ/JP/JOR/MNG Men's Weigh IN - KWC
10:00am -11:30am	1 st	AUS/KEIO Men's Competition - MPR
11:40am -13:10	2 nd	NZ/JP/JOR/MNG Men's Competition - MPR
12:00	3 rd	All Women's Weigh IN - KWC
14:00 -16:00	3 rd	All Women's A/N/J/K/MNG Competition - MPR
16:10 -17:30		Fresh up / Withdrawal works of equipment – KWC/MPR
17:30 – 18:30		Transit to the award ceremony venue (by train)
18:30 -19:00		Award Ceremony - Ginza Capital Hotel Akane 2F Award ceremony by Hakubun Shimomura, Former Minister of Education, Culture, Sports, Science and Technology
19:00 -20:30		Buffet Party (Free) - Ginza Capital Hotel Akane 2F

First Session

10:00am -11:30am 1st AUS/KEIO Men's Competition - MPR

10 : 00~	Australia - Keio			
Referee	KANAE YAGI	FUMITAKA TOCHIZAWA	JYUNZOU SAHARA	
Jury	NOBORU SEDAKA	KUYOKAZU NOGUCHI	CORAL QUINELL	
Marshal	EIMI NARA			
Controller	KANAE YAGI			
TimeKeeper	HIROKI NEMOTO			
<MEDICAL>				
1st	KAZUKO FURUKAWA			
<BROADCAST/DISPLAY OPERATION>				
1st	MEGUMI UEDA	KOYUKI KASAI		
<RESPONSIBLE FOR WEIGHT/PLATE CHANGES>				
1st	SAIMON ABE	TERUMICHI HARUMI	YUSUKE YAMADA	WATARU ANDO
<CALIBRATION>				
1st	SAIMON ABE	TERUMICHI HARUMI	TAISEI ICHJO	

AUS-KEIO

ST	LT	NAME	AGE CAT	BW CAT	BW	TEAM	SNATCH				CLEAN and JERK				Total			
							1	2	3	Res	1	2	3	Res	Res	Sinc	Pl	
1	1	NAKASHIRO Fukuzaro	-29	-29	81	78.7	KEIO	70	-	-	70	40	-	-	40	110	143.97	11
2	4	NOGUCHI Sho	-29	-29	73	72.7	KEIO	95	100	105	100	120	120	120	120	220	297.31	5
3	6	GIGONDAN Lucas	-29	-29	81	74.45	KEIO	88	94	95	88	110	115	120	115	203	270.40	8
4	7	CLOW John	70-74	74	82	79.9	AUS	53	56	-	56	70	73	76	73	129	339.82	1
5	12	SUZUKI Rihito	-29	-29	61	60.95	KEIO	85	90	90	85	110	110	115	110	195	296.58	6
6	20	KENNEDY Brendan	55-59	55	98	94.3	AUS	78	82	84	84	95	100	105	105	189	307.93	2
7	23	KOWADA Solaro	-29	-29	81	74.85	KEIO	90	90	90	90	115	115	120	115	205	272.19	7
8	24	MIYATA Masaki	-29	-29	89	83.05	KEIO	70	80	91	91	90	100	111	111	202	252.94	9
9	27	HARADA Takehiro	-29	-29	+109	128.7	KEIO	100	110	115	100	120	-	-	120	220	232.77	10
10	34	THONGVILU Bouachanh	60-64	64	73	72.35	AUS	60	65	67	67	72	72	75	72	139	306.91	3
11	37	SHIN Hyo Jae	-29	-29	67	66.1	KEIO	40	-	-	40	40	-	-	40	80	114.96	12
12	39	GOLDING Russell	40-44	41	+109	133.1	AUS	105	112	122	112	130	140	150	140	252	302.60	4

Second Session

11:40am -13:10

2nd

NZ/JP/JOR/MNG Men's Competition - MPR

11:40	New Zealand – Japan–UMWA (Jordan/Mongolian)		
Referee	YUKI FURUKAWA	FUMITAKA TOCHIZAWA	JYUNZOU SAHARA
Jury	NOBORU SEDAKA	KUYOKAZU NOGUCHI	CORAL QUINELL
Marshal	HAKUTO KISHIDA		
Controller	YASUNOBU HIRAOKA		
TimeKeeper	KOYUKI KASAI		
<MEDICAL>			
2nd	KAZUKO FURUKAWA		
<BROADCAST/DISPLAY OPERATION>			
2nd	MEGUMI UEDA	MII OKADA	
<RESPONSIBLE FOR WEIGHT/PLATE CHANGES>			
2nd	SINYU PAK	HARUKI HOSODA	NOBUAKI MIYAMOTO SHORA ARAI
<CALIBRATION>			
2nd	NOBUAKI MIYAMOTO	MASAKI MIYATA	

New Zealand – Japan–UMWA (Jordan/Mongolian)

ST	LT	NAME	AGE CAT	AGE	BW		TEAM	SNATCH				CLEAN and JERK				Total		
					CAT	BW		1	2	3	Res	1	2	3	Res	Res	Sinc	Pl
1	2	SHARAV Lkhagva	65-69	68	60	55.85	MNG	45	45	45	0	60	70	75	70	0	0.00	13
2	5	MOHAMMED ALFARARJEH Suheab Issa	35-39	36	98	96.75	JOR	110	117	117	117	136	143	143	136	253	318.68	7
3	10	WALKER Michael	35-39	36	+109	113.7	NZL	120	125	130	130	150	156	161	161	291	344.46	3
4	11	BAYATI Ehsan	55-59	54	73	71.9	NZL	85	90	93	90	100	110	115	110	200	370.38	2
5	15	JAMESON Andrew	60-64	60	82	80.8	NZL	65	70	75	70	95	100	102	102	172	330.94	6
6	16	SMITH Abraham	45-49	46	98	92.95	NZL	95	100	105	100	105	110	118	118	218	314.42	8
7	18	HIRAOKA Chikara	65-69	66	90	89.95	JPN	80	85	85	85	100	107	110	110	195	398.42	1
8	19	MIYAKE Yoshinobu	80-85	84	68	60.2	JPN	23	-	-	23	23	-	-	23	46	210.45	12
9	25	LKHAGVA GANSUKH	40-44	41	90	89.65	MNG	100	110	115	110	120	130	140	130	240	332.16	4
10	28	MASEYK Andrew	55-59	56	90	86.65	NZL	70	70	70	70	95	100	103	100	170	293.82	9
11	30	OGURI Yukiyooshi	45-49	47	60	59.9	JPN	50	60	60	60	70	80	85	70	130	246.90	11
12	31	YAMAMOTO Toshiki	30-34	32	98	98	JPN	95	100	103	103	115	120	200	120	223	265.93	10
13	42	IGARASHI Kei	45-49	44	82	73.1	JPN	86	90	95	95	108	112	116	112	207	331.50	5

Third Session

14:00 -16:00 3rd All Women's A/N/J/K/MNG Competition - MPR

14:00		Women			
Referee	YUKI FURUKAWA	FUMITAKA TOCHIZAWA	JYUNZOU SAHARA		
Jury	NOBORU SEDAKA	KUYOKAZU NOGUCHI	CORAL QUINELL		
Marshal	HAKUTO KISHIDA				
Controller	CHIKARA HIRAOKA				
TimeKeeper	CHIAKI NAGATSUKA				
<MEDICAL>					
3rd	KAZUKO FURUKAWA				
<BROADCAST/DISPLAY OPERATION>					
3rd	MEGUMI UEDA	HINANO SAKAIKADA			
<RESPONSIBLE FOR WEIGHT/PLATE CHANGES>					
3rd	YUSUKE YAMADA	LU SIMON	FUKUTARO NAKASHIRO	KAEDE AMANO	
<CALIBRATION>					
3rd	SAKURAKO OTA	CHIAKI NAGATSUKA	MII OKADA		

ALL-FEMALES

ST	LT	NAME	AGE CAT	AGE	BW CAT	BW	TEAM	SNATCH				CLEAN and JERK				Total		
								1	2	3	Res	1	2	3	Res	Res	Sinc	PI
15	38	GRYLLS-GRAHAM Bonnie	40-44	42	68	61.65	AUS	67	70	70	70	83	88	90	90	160	247.35	1
11	29	MACLENNAN Renee	40-44	42	73	67.8	NZL	66	69	72	72	83	86	89	86	158	230.88	2
7	17	GRISON Kim	55-59	56	73	69.3	NZL	54	56	58	58	70	73	73	73	131	229.65	3
8	21	BILINGS Denese	65-69	65	50	40.45	AUS	32	33	34	33	40	41	41	41	74	226.36	4
14	35	DE RUYTER Petra	60-64	60	73	66.35	AUS	45	48	52	52	55	60	65	65	117	221.76	5
2	6	MACKEN Mary	60-64	62	50	48.8	AUS	37	39	41	41	46	46	48	48	89	218.90	6
9	22	CROCKER Gabrielle	35-39	36	60	59.65	AUS	62	64	67	64	78	81	84	81	145	213.35	7
18	43	TASI Gloria	40-44	39	+87	122.5	NZL	73	77	82	77	100	104	108	108	185	211.27	8
4	9	IHAKA-PITAMA Kelly	45-49	48	+87	95.4	NZL	63	63	65	65	85	89	89	85	150	202.36	9
13	33	MATSUMOTO Namika	30-34	31	73	71.2	JPN	50	55	60	60	70	75	80	80	140	174.18	10
10	26	SUKHBATAAR Sarantselseg	40-44	43	87	85.3	MNG	55	60	65	60	70	78	78	70	130	172.14	11
1	3	WADASAKO Rei	-29	-29	55	52.75	KEIO	46	51	51	51	56	61	61	61	112	165.62	12
6	14	KAMIYA Nanami	-29	-29	59	56.85	KEIO	50	52	54	54	65	69	69	65	119	163.10	13
17	41	SAWABE Tomoko	55-59	58	81	73.1	JPN	30	35	49	35	40	50	55	55	90	158.95	14
12	32	YAGI Kanze	30-34	31	55	52.8	JPN	40	43	45	45	50	55	58	58	103	154.64	15
16	40	SUGAWARA Seiko	45-49	47	60	56.45	JPN	30	35	38	38	40	45	50	45	83	140.90	16
3	8	IHARA Youko	60-64	60	60	64.15	JPN	25	28	31	31	35	40	45	40	71	139.58	17
5	13	DAMDINSUREN Anudari	40-44		66		MNG	-	-	-	0	-	-	-	0	0	0.00	18

ALL-MALES

ST	LT	NAME	AGE CAT	AGE	BW CAT	BW	TEAM	SNATCH				CLEAN and JERK				Total		
								1	2	3	Res	1	2	3	Res	Res	Sinc	PI
7	18	HIRAOKA Chikara	65-69	68	90	89.95	JPN	80	85	85	85	100	107	110	110	195	398.42	1
4	11	BAYATI Ehsan	55-59	54	73	71.9	NZL	85	90	93	90	100	110	115	110	200	370.38	2
3	10	WALKER Michael	35-39	38	+109	113.7	NZL	120	125	130	130	150	156	161	161	291	344.46	3
4	7	CLOW John	70-74	74	82	79.9	AUS	53	56	-	56	70	73	76	73	129	339.82	4
9	25	LKHAGVA GANSUKH	40-44	41	90	89.85	MNG	100	110	115	110	120	130	140	130	240	332.16	5
13	42	IGARASHI Kei	45-49	44	82	73.1	JPN	86	90	95	95	108	112	116	112	207	331.50	6
5	15	JAMESON Andrew	60-64	60	82	80.8	NZL	65	70	75	70	95	100	102	102	172	330.94	7
2	5	MOHAMMED ALFARARJEH Suheab Issa	35-39	36	98	96.75	JOR	110	117	117	117	138	143	143	138	253	318.68	8
6	16	SMITH Abraham	45-49	46	98	92.95	NZL	95	100	105	100	105	110	118	118	218	314.42	9
6	20	KENNEDY Brendan	55-59	55	98	94.3	AUS	78	82	84	84	95	100	105	105	189	307.93	10
10	34	THONGVILU Bouachanh	60-64	64	73	72.35	AUS	60	65	67	67	72	72	75	72	139	306.91	11
12	39	GOLDING Russell	40-44	41	+109	133.1	AUS	105	112	122	112	130	140	150	140	252	302.60	12
2	4	NOGUCHI Sho	-29	-29	73	72.7	KEIO	95	100	105	100	120	120	120	120	220	297.31	13
5	12	SUZUKI Rihito	-29	-29	61	60.95	KEIO	85	90	90	85	110	110	115	110	195	296.58	14
10	28	MASEYK Andrew	55-59	56	90	86.85	NZL	70	70	70	70	95	100	103	100	170	293.82	15
7	23	KOWADA Sotaro	-29	-29	81	74.85	KEIO	90	90	90	90	115	115	120	115	205	272.19	16
3	6	GIGONDAN Lucas	-29	-29	81	74.45	KEIO	88	94	95	88	110	115	120	115	203	270.40	17
12	31	YAMAMOTO Toshiaki	30-34	32	98	98	JPN	95	100	103	103	115	120	200	120	223	265.93	18
8	24	MIYATA Masaki	-29	-29	89	83.05	KEIO	70	80	91	91	90	100	111	111	202	252.94	19
11	30	OGURI Yukiyo	45-49	47	60	59.9	JPN	50	60	60	60	70	80	85	70	130	248.90	20
9	27	HARADA Takehiro	-29	-29	+109	126.7	KEIO	100	110	115	100	120	-	-	120	220	232.77	21
8	19	MIYAKE Yoshinobu	80-85	84	66	60.2	JPN	23	-	-	23	23	-	-	23	46	210.45	22
1	1	NAKASHIRO Fukuzaro	-29	-29	81	78.7	KEIO	70	-	-	70	40	-	-	40	110	143.97	23
11	37	SHIN Hyo Jae	-29	-29	67	66.1	KEIO	40	-	-	40	40	-	-	40	80	114.98	24
1	2	SHARAV Lkhagva	65-69	66	60	55.85	MNG	45	45	45	0	60	70	75	70	0	0.00	25

Team Competition Results

	NZ	AUS	JPN	KEIO
	230.65	247.35	174.18	165.62
W	229.65	226.26	158.95	163.1
	211.27	221.76	154.65	
	671.57	695.37	487.78	328.72
	2	1	3	4
	370.38	339.82	398.42	297.31
M	344.46	307.93	331.56	296.58
	330.94	306.91	265.93	270.4
	1045.78	954.66	995.91	864.29
	1	3	2	4